

TEAM BUILDING

Corporate Rowing

Gig Challenge



Features

- Fitness
- Team competition
- Learn new skills
- Non-rowers welcome

Locations

- London
- Henley
- Oxford

Group Size

- 5-40

What's Included

- Classic Cornish Pilot Gigs and safety kit
- Training sessions
- Lunch
- Cruise and race
- Drinks reception & Prize giving

Company Gig Challenge Format

The session will begin with a safety briefing by the team leader. Accompanied by safety boats the teams will learn basic techniques and commands. After lunch there will be advanced race training for those who wish to take part, followed by a Company Gig race.

Row
Challenge

training &
events



Cornish Pilot Gig
Association



Pricing

Contact Row England +44 (0) 7799 303731
www.rowengland.com and
jan@rowengland.com for details